



Daisyfield Primary School – PSHE Overview 2025-2026

Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
British Value 	Democracy	The rule of law	Individual liberty	Mutual respect	Tolerance of those of different faiths and beliefs	Recap of all
Beech Year 1	Core 3 Living in the Wider world Unit 1 Rules and Responsibilities  <i>Tolerance Rule of Law</i>	Core 2 Relationships Unit 1 Communications  <i>Mutual Respect</i>	Core 1 Health and Wellbeing Unit 1 Healthy Lifestyles  <i>Individual Liberty</i>	Core 1 Health and Wellbeing Unit 4 Emotions  <i>Individual Liberty</i>	Core 2 Relationships Unit 3 Fairness  <i>Mutual Respect</i>	Core 2 Relationships Unit 4 Family and Friends  <i>Mutual Respect</i>
Birch Year 2 Sycamore Year 2	Core 3 Living in the Wider world Unit 2 Communities  <i>Tolerance Mutual Respect</i>	Core 2 Relationships Unit 2 Bullying  <i>Mutual Respect Democracy Rule of Law</i>	Core 1 Health and Wellbeing Unit 2 Hygiene  <i>Individual Liberty</i>	Core 1 Health and Wellbeing Unit 5 - Keeping Safe  <i>Individual Liberty Rule of Law</i>	Core 3 Living in the Wider world Unit 3 Money and Finance	Core 1 Health and Wellbeing Unit 3 Changing and Growing  <i>Individual Liberty</i>
Chestnut Year 3	Core 3 Living in the Wider world Unit 1 Rules and Responsibilities Unit 2 Diversity	Core 2 Relationships Unit 1 Communications  <i>Mutual Respect</i>	Core 1 Health and Wellbeing Unit 1 Health  <i>Individual Liberty</i>	Core 1 Health and Wellbeing Unit 5 Emotions  <i>Individual Liberty</i>	Core 2 Relationships Unit 4 Similarities and Differences  <i>Mutual Respect Tolerance</i>	Core 1 Health and Wellbeing Unit 6 Safety  <i>Rule of Law</i>

	 Tolerance Mutual Respect					
Hazel Year 4	Core 3 Living in the Wider world Unit 3 Discrimination Unit 4 Economic Awareness  Tolerance Mutual Respect	Core 2 Relationships Unit 3 Bullying  Mutual Respect Democracy Rule of Law	Core 1 Health and Wellbeing Unit 2 Healthy Lifestyles  Individual Liberty	Core 1 Health and Wellbeing Unit 4 Aspirations  Individual Liberty	Core 2 Relationships Unit 5 Healthy Relationships  Mutual Respect	Core 1 Health and Wellbeing Unit 7 - Growing and Changing Unit 8 – First Aid  Individual Liberty
Elder Year 5	Core 3 Living in the Wider world Unit 1 Rules and Responsibilities Unit 2 Diversity  Tolerance Mutual Respect Rule of Law	Core 2 Relationships Unit 1 Communications  Mutual Respect	Core 1 Health and Wellbeing Unit 1 Health  Individual Liberty	Core 1 Health and Wellbeing Unit 4 Emotions  Individual Liberty	Core 1 Health and Wellbeing Unit 5 Safety  Rule of Law	Core 2 Relationships Unit 2 Collaboration LKS2 Unit 2 objectives (3 lessons) UKS2 Unit 2 (3 lessons)  Mutual Respect
Aspen Year 5/6	Core 3 Living in the Wider world Unit 3 Economic Awareness Unit 4 Making Money	Core 2 Relationships Unit 3 Similarities and Differences  Mutual Respect	Core 1 Health and Wellbeing Unit 2 Nutrition and Food  Individual Liberty	Core 1 Health and Wellbeing Unit 3 Aspirations  Individual Liberty	Core 2 Relationships Unit 4 Healthy relationships  Mutual Respect	Transition – Kooth/ MIST Crucial Crew

Willow Year 6	Emotions: Managing our emotions though periods of change (3) Healthy Relationships: How can we have healthy boundaries? (4)  <i>Mutual Respect</i> <i>Individual Liberty</i>	Media Influence: How do I decide what is true online? (5)  <i>Individual Liberty</i> <i>Democracy</i>	Healthy Relationships: How can we live in harmony? (2)  <i>Individual Liberty</i> <i>Mutual Respect</i> Our online lives: What should I share online? (4)  <i>Rule of Law</i> <i>Individual Liberty</i>	Physical health: how do I plan a healthy week? (2) Staying safe and healthy: How can I save a life? (3)  <i>Individual Liberty</i> <i>Rule of Law</i>	Risky substances: Why do people use alcohol and drugs? (2)  <i>Rule of Law</i>	Transition – Kooth/ MIST Crucial Crew
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