

PE Curriculum Map 2023-4

	<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
Nursery	Introduction to PE: Unit 1	Dance: Unit 1	Gymnastics: Unit 1	Fundamentals: Unit 1	Ball Skills: Unit 1	Games: Unit 1
Reception	Introduction to PE: Unit 2	Dance: Unit 2	Gymnastics: Unit 2	Fundamentals: Unit 2	Ball Skills: Unit 2	Games: Unit 2
Year 1 - Beech Lesson 1	Fundamentals: Year 1	Dance: Year 1	Gymnastics: Year 1	Invasion Games: Year 1	Athletics: Year 1	Striking and fielding Games: Year 1
Year 1 – Beech Lesson 2 -	Fitness: Year 1	Yoga: Year 1	Ball Skills: Year 1	Sending and receiving: Year 1	Net and wall games: Year 1	Team building: Year 1
Year 2 - Birch and Sycamore Lesson 1	Fundamentals: Year 2	Dance: Year 2	Gymnastics: Year 2	Invasion Games: Year 2	Athletics: Year 2	Striking and fielding Games: Year 2
Year 2 Birch and Sycamore Lesson 2	Fitness: Year 2	Yoga: Year 2	Ball Skills: Year 2	Target games: Year 2	Net and wall games: Year 2	Team building: Year 2
Year 3 - Chestnut Lesson 1	Fundamentals: Year 3/4	Dance: Year 3	Gymnastics: Year 3	Swimming	Swimming	Swimming
Year 3- Chestnut Lesson 2	Tag Rugby: Year 3/4	Yoga: Year 3/4	Hockey Y3/4	OAA: Year 3	Tennis: Year 3	Athletics Year 3
Year 4 - Rowan Lesson 1	Swimming	Swimming	Swimming	OAA: Year 4	Cricket: Year 3/4	Athletics: Year 4
Year 4 - Rowan Lesson 2	Ball Skills: Year 3/4	Dance: Year 4	Gymnastics: Year 4	Fitness: Year 3/4	Tennis: Year 4	Basketball Year 3/4

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Year 4/5 - Hazel Lesson 1	Fundamentals: Year 3/4	Dance: Year 4	Gymnastics: Year 4	Football: Year 3/4	Rounders: Year 3/4	Athletics: Year 4
Year 4/5 - Hazel Lesson	Hockey: Year 3/4	Yoga: Year 3/4	Basketball: Year 3/4	OAA: Year 4	Tennis: Year 4	Golf: Year 3/4
Year 5/6 – Elder	Hockey: Year 5/6	Dance: Year 5	Gymnastics: Year 5	Football: Year 5/6	Rounders: Year 5/6	Athletics: Year 5
Year 5/6 – Elder	Fitness: Year 5/6	Yoga: Year 5/6	Tag Rugby Year 5/6	OAA: Year 5	Tennis: Year 5	Golf: Year 5/6
Year 6 Willow	Netball: Year 5/6	Dance: Year 6	Gymnastics: Year 6	OAA: Year 6	Cricket: Year 5/6	Athletics: Year 6
Year 6 Willow	Fitness: Year 5/6	Yoga: Year 5/6	Volleyball: Year 5/6	Football: Year 5/6	Tennis: Year 6	Golf: Year 5/6