








# Daisyfield Primary School – PSHE Overview 2022-24

Term	KS1 Cycle A	KS1 Cycle B	LKS2 Cycle A	LKS2 Cycle B	Hazel	UKS2 Cycle A	UKS2 Cycle B
<b>Autumn 1</b>  <b>British Value: Democracy</b>	<p>Relationship Education – Topic 3 – Respectful Relationships  <b>Rules and expectation</b></p> <p>Health and Wellbeing Education – Topic 4 – Healthy Eating</p> <p>Relationship Education – Topic 2 – Caring Friendships  <b>Lending and borrowing Sharing Responsibility</b></p>	<p>Health Education – Topic 2 – Internet Safety and Harms</p> <p>Relationship Education – Topic 4 – Online Relationships</p> <p>Health Education – Topic 1 – Mental Wellbeing  <b>Feelings</b></p> <p>Relationship Education – Topic 2 – Caring Friendships  <b>Opinions</b></p> <p>Relationship Education – Topic 3 – Respectful Relationships  <b>Co-operation</b></p> <p>Health and Wellbeing – Topic 1 – Mental Wellbeing  <b>Emotions</b></p>	<p>Relationship Education – Topic 2 – Caring Friendships</p> <p>Relationship Education – Topic 3 – Respectful Relationships</p> <p><b>Bullying Reactions Self-Worth Persistence and Resilience</b></p>	<p>Health and Wellbeing Education – Topic 2- Internet Safety and Harms</p> <p>Relationship Education – Topic 4 – Online Relationships</p> <p>Living in the Wider World (non-statutory)  <b>Rules</b></p>	<p>Relationship Education – Topic 2 – Caring Friendships  <b>Reactions</b></p> <p>Relationship Education – Topic 3 – Respectful Relationships  <b>Persistence and resilience</b></p>	<p>Health and Wellbeing Education – Topic 1 – Mental Wellbeing</p> <p>Living in the Wider World (non-statutory)  <b>Strengths and goals</b></p>	<p>Living in the Wider World (non-statutory)</p> <p>Health and Wellbeing Education – Topic 2- Internet Safety and Harms</p> <p>Relationship Education – Topic 1 - Families and people who care for me  <b>Grief</b></p>

<p><b>Autumn 2</b></p>  <p><b>British Value:</b> <b>The rule of law</b></p>	<p>Relationship Education – Topic 3 – Respectful Relationships <b>Friendships</b></p> <p>Relationship Education – Topic 2 – Caring Friendships <b>Friendships</b></p> <p>Relationship Education - Topic 5 – Being Safe</p> <p><b>Personal safety. Secrets and surprises. Emotional safety – getting help.</b></p>	<p>Health and Wellbeing – Topic 1 – Mental Wellbeing <b>Happiness</b></p> <p>Relationship Education – Topic 3 – Respectful Relationships <b>Similarities and differences Fair and unfair</b></p> <p>Relationship Education – Topic 5 – Being Safe <b>Right and wrong</b></p>	<p>Relationship Education – Topic 2 – Caring Friendships</p> <p>Relationship Education – Topic 3 – Respectful Relationships <b>Friendships</b></p>	<p>Living in the Wider World (non-statutory) <b>Money choices</b></p>	<p>Living in the Wider World (non-statutory) <b>Money</b></p> <p>Relationship Education – Topic 2 – Caring Friendships</p> <p>Relationship Education – Topic 3 – Respectful Relationships <b>Friendships</b></p>	<p>Relationship Education – Topic 3 – Respectful Relationships</p> <p><b>Race, ethnicity, culture Gender stereotypes</b></p>	<p>Living in the Wider World (non-statutory) <b>Community Culture</b></p>
<p><b>Spring 1</b></p>  <p><b>British Value:</b> <b>Individual Liberty</b></p>	<p>Health and wellbeing – Topic 1 – Mental Wellbeing <b>Anger</b></p> <p>Health and Wellbeing Education – Topic 6 – Health Prevention</p> <p><b>Drug safety</b></p> <p>Relationship Education - Topic 1 – Families and</p>	<p>Relationship Education – Topic 2 – Caring Friendships. Topic 3 – Respectful Relationships. <b>Bullying Unkindness Behaviour Teasing</b></p>	<p>Relationship Education - Topic 3 – Respectful Relationships</p> <p><b>Communication Listening Debates</b></p>	<p>Health and Wellbeing Education – Topic 4 – Healthy Eating</p> <p><b>Nutrition and food</b></p>	<p>Relationship Education – Topic 1 - Families and people who care for me <b>Loss/separation/changes</b></p> <p>Relationship Education – Topic 5 - Being safe <b>Self- respect</b></p>	<p>Health and Wellbeing – Topic 7 – Changing <b>Adolescent Bodies Puberty</b></p> <p>Health and Wellbeing – Topic 3 – Physical Health and Fitness <b>Healthy choices</b></p> <p>Relationship Education – Topic 5 – Being Safe</p> <p><b>Appropriate touch</b></p>	<p>Health and Wellbeing Education – Topic 5 – Drugs, Alcohol and Safety. Health and Wellbeing Education – Topic 4 – Healthy Eating <b>Food choices Balanced diet</b></p>

	People who care for me  <b>Consequences</b> <b>Aspirations</b> <b>Love</b> <b>Sadness</b>						
<b>Spring 2</b>  <b>British Value: Mutual Respect</b>	Living in the wider world (non-statutory) <b>Belonging and citizenship</b>	Health and Wellbeing Education Topic 4 – Healthy Eating Topic 6 – Health Prevention <b>Hygiene</b> <b>Healthy Eating</b> <b>Bathing</b> <b>Healthy skin</b> <b>Dental hygiene</b>	Living in the Wider World <b>Communities</b>	Health and Wellbeing Education – Topic 1 – Mental Wellbeing  <b>Physical, emotional and mental health.</b> <b>Self-awareness.</b> <b>Goal setting.</b>  Health and Wellbeing Education – Topic 3 – Physical Health and Fitness  <b>Balance, healthy choices, physical exercise</b>	Relationship Education - Topic 2 – Caring Friendships  Relationship Education - Topic 3 – Respectful Relationships  Health and Wellbeing Education – Topic 3 – Physical Health and Fitness  <b>Sleep</b>  Relationship Education - Topic 4 – Online Relationships  Health and Wellbeing Education – Topic 2 – Internet Safety and Harms	Health and Wellbeing – Topic 7 – Changing Adolescent Bodies <b>Support and Care – Connections</b> <b>Know that relationships can change as a result of growing</b>	Health and Wellbeing Education – Topic 1 – Mental Wellbeing <b>Physical, Emotional and Mental</b>  Relationship Education – Topic 2 – Caring Friendships <b>Confidentiality</b> <b>Listening</b> <b>Responding</b>  Relationship Education – Topic 3 – Respectful Relationships <b>Confidentiality</b>

<p><b>Summer 1</b></p>  <p><b>British Value:</b> Tolerance of those of different faiths and beliefs</p>	<p>Health and wellbeing - Topic 4 - Healthy Eating Health and wellbeing - Topic 3 – Physical Health and Fitness <b>Healthy Eating 2</b> <b>Physical Activity 1</b></p> <p>Health and Wellbeing – topic 7 <b>The human body</b></p> <p>Health and Wellbeing Education – Topic 6 – Health Prevention</p> <p><b>Sun safety</b></p>	<p>Living in the Wider World (non-statutory) <b>Caring</b></p> <p>Health and Wellbeing Education – Topic 6 – Health Prevention <b>Staying Safe</b></p> <p><b>Road safety</b></p>	<p>Relationship Education - Topic 2 – Caring Friendships</p> <p><b>Collaboration</b></p> <p>Relationship Education - Topic 3 – Respectful Relationships</p> <p><b>Goals and targets</b></p>	<p>Health and Wellbeing Education – Topic 6 – Health Prevention</p> <p><b>Dental health. Loosing teeth</b></p> <p><b>Before puberty</b></p> <p>Health and Wellbeing Education – Topic 7 – Basic First Aid</p> <p><b>Emergency calls</b></p>	<p>Health and Wellbeing – Topic 7– Basic First Aid</p> <p>Health and Wellbeing – Topic 2– Internet Safety and Harms</p>	<p>Living in the Wider World (Non Statutory)</p> <p><b>Money, budgeting and finance</b></p>	<p>Living in the Wider World (non statutory)</p> <p><b>Food and cooking</b></p> <p>Health and Wellbeing – Topic 6- Health and Prevention <b>Immunisations and vaccinations</b> <b>Physical illness</b></p>
<p><b>Summer 2</b></p>	<p>Living in the Wider World. (Non statutory.) <b>Money and enterprise</b></p>	<p>Relationships Education – Topic 1 – Families and People Who Care for Me. <b>Kindness Family</b></p> <p>Health and Wellbeing – Topic 7 <b>Growing and changing</b></p>	<p>Relationship Education - Topic 3 – Respectful Relationships</p> <p><b>Gender stereotypes</b></p>	<p>Relationship Education - Topic 1 – Families and People who care for me</p> <p><b>Cultures, religions, faiths. Families. Differences.</b></p> <p>Living in the Wider World <b>Diversity and faiths</b></p>	<p>Living in the Wider World (Non-Statutory) <b>Money – generating income</b></p>	<p>Health and Wellbeing Education – Topic 1 – Mental Wellbeing <b>Healthy minds</b></p>	<p>Living in the Wider World (Non – Statutory)</p> <p>Relationship Education Topic 2 – Caring Relationships <b>Collaboration Team work</b> Relationship Education – Topic 1 – Families and People who Care for me</p> <p>Living in the Wider World (Non-Statutory) <b>Community Marriage</b></p>

