

Daisyfield Primary School – PE Overview 2025-2026

Based on units from Getset4pe

Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Introduction to PE Unit 2	Dance Unit 2	Gymnastics Unit 2	Fundamentals Unit 2	Ball Skills Unit 2	Games Unit 2
Beech Year 1	Fundamentals Year 1 Team Building Y1	Dance Y1 Yoga Y1	Gymnastics Y1 Target games Y1	Ball Skills Y1 Fitness Y1	Net and Wall Y1 Invasion Games Y1	Athletics Y2 Striking and Fielding Y2
Birch Year 2	Fundamentals Year 2 Team Building Y2	Dance Y2 Yoga Y2	Gymnastics Y2 Target games Y2	Ball Skills Y2 Fitness Y2	Net and Wall Y2 Invasion Games Y2	Athletics Y2 Striking and Fielding Y2

Sycamore Year 2	Fundamentals Year 2 Team Building Y2	Dance Y2 Yoga Y2	Gymnastics Y2 Target games Y2	Ball Skills Y2 Fitness Y2	Net and Wall Y2 Invasion Games Y2	Athletics Y2 Striking and Fielding Y2
Chestnut Year 3	Competitive Skills Fundamentals Y3 Swimming	Dance Y3 Swimming	Gymnastics Y3 Swimming	Tag Rugby Y3/4 Swimming	OAA Y3 Swimming	Athletics Y3 Swimming
Rowan Year 4	Competitive Skills Fundamentals Y4 Fitness Y4	Dance Y4 Yoga Y4	Gymnastics Y4 Balls Skills Y4	Football Y3/4 OAA Y4	OAA Y4 Tennis Y4	Rounders Y4 Athletics Y4
Hazel Year 5	Competitive Skills Fitness Y5 Handball Y5/6	Dance Y5 Yoga Y5	Gymnastics Y5 Tag Rugby Y5/6	Football Y5/6 Hockey Y5/6	Tennis Y5 OAA Y5	Athletics Y5 Rounders Y5
Elder Year 5	Competitive Skills Fitness Y5 Handball Y5/6	Dance Y5 Yoga Y5	Gymnastics Y5 Tag Rugby Y5/6	Football Y5/6 Hockey Y5/6	Tennis Y5 OAA Y5	Athletics Y5 Cricket Y5

Aspen Year 6	Competitive Skills Fitness Y6 Handball Y5/6	Dance Y6 Lessons 7-12 Yoga Y6	Gymnastics Y6 Lessons 7-12 Tag Rugby Y5/6	Football Y5/6 Volleyball Y5/6	Tennis Y6 OAA Y6	Athletics Y6 Cricket Y6
Willow Year 6	Competitive Skills Fitness Y6 Handball Y5/6	Dance Y6 Lessons 7-12	Gymnastics Y6 Lessons 7-12 Tag Rugby Y5/6	Football Y5/6 Volleyball Y5/6	Tennis Y6 OAA Y6	Athletics Y6 Rounders Y6